Virginia Railway Express

Daily Job & Safety Briefing Guide

Virginia Railway Express is committed to maintaining a zero-tolerance safety environment

Date
Time

Work Address

Host Railroad/Milepost Track Speed

RWIC/EIC Name

Emergency Contacts

911 All locations
Amtrak 1.800.331.0008
CSX 1.800.232.0144
NS 1.800.453.2530

Be prepared to provide railroad milepost location

Our primary safety stand-down location is

Our alternate safety stand-down location is

Our first-aid location is

Our severe weather and exposure plan is

Our rule of the day is

Our safety team leaders are

Who is counting on us returning safely

Will Personal Protective Equipment (PPE) be needed?

Are replacement PPE supplies available?

Is our PPE in good condition?

Have our communication radios been tested for transmit and receive?

Where are our ground and overhead hazards?

Where are our electrocution hazards?

Will we need fall protection?

Have fall protection devices and ladders been inspected?

Has machinery been inspected?

Where are the No Foul / Red Zones around each piece of machinery?

Does everyone understand our blue flag / lock-out tag-out rules?

How will we manage our worksite around passengers or the public?

Workgroup Initials

I PLEDGE SAFETY